

## ION EXCHANGE WHEY

### The VERY BEST in High-Tech Protein

Many experts believe this **pure, unadulterated** whey to be the leader in “high tech” protein supplementation today. This unique high-grade product has a branch chain amino acid content totaling 49% of the essential amino acid profile. Having 24 grams of bioavailable protein per serving, this whey has proven to be unparalleled in **muscle tissue development**.



metabolism, this protein helps curb the appetite and mobilize body fat for a more efficient “fat burn.”

NutriHarmony’s Ion Exchange Whey Protein contains high levels of immunoglobulins – the same immune factors found in mothers’ milk. In addition, NutriHarmony whey protein has a high concentration of L-Cysteine, which effectively raises

levels of glutathione. This crucial amino acid is one of the most powerful antioxidants known, and is capable of neutralizing many of the metabolic toxins to which we are exposed every day!

NutriHarmony’s whey processing results in a deliciously sweet smelling and tasting product with an unprecedented **cellular absorption of up to 92%**. Many other protein products are hydrolyzed by a process of immersion in hot porcine pancreatic digestant (pig bile). NutriHarmony’s almost totally undenatured whey protein is produced with uncompromising quality and with all the benefits Nature intended. It is respectfully taken through a multistage process during which its purity and value are increasingly enhanced. During all these stages, this whey is **cold temperature processed**, avoiding the higher temperatures that severely compromise nutritional efficacy; therefore it is still biologically alive and active.

#### FOR BEST RESULTS:

Mix 1 scoop with liquid of your choice (milk substitute, milk, juice, water, etc) and sweeten to taste if desired.

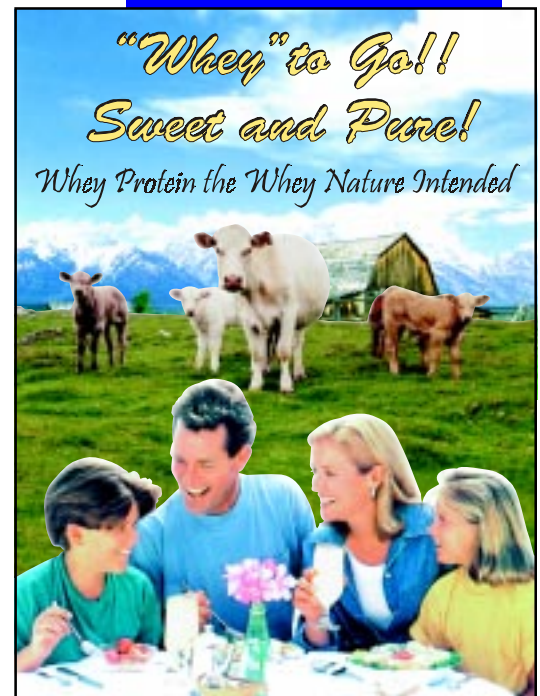
For variety, process in blender with ice, fruit, yogurt, etc. For **rejuvenation** and **re-generation**, use in The Anabolic NightCap™ (see recipe in product booklet or on web site).

KEY INGREDIENTS: Ultrafiltered, ion exchanged whey protein concentrate. Contains less than 1% lactose. 32 servings per container. 1 oz. per serving, which supplies:

Protein .....	24 g
Calories .....	113
Carbohydrate .....	2 g
Cholesterol .....	36 mg
Sodium .....	43 mg
Sugars (Naturally Occurring) ....	2g
Total Fat .....	1g

- **Delicious, nutritious, and satisfying!**
- **Pure, natural, undenatured protein**
- **The most bioavailable & assimilable pure protein**
- **Helps you burn fat**
- **Helps prevent blood sugar “spiking”**
- **Super immunity enhancer\***
- **Antioxidant potential**
- **Over 99% lactose free**
- **Build stronger muscle faster with the ULTIMATE whey!**

\* Michael Colgan, M.D., *The New Nutrition*, Apple Publishing Co. Ltd., Vancouver, BC, 1994.



**100% Guaranteed!**

*Real Food™ Products Made With Purity and Integrity*